

Planning for your Funeral

Funerals allow families and others to pay their respects to the person who has died. For family or close friends, arranging a funeral can be stressful if they don't know exactly what type of funeral service you would like. If you tell your family and friends what you want, your funeral is more likely to reflect your wishes, it may also be one less thing for your family or friends to worry about.

Even though discussions around death may be difficult you may find it helpful to discuss your funeral plans with your family and friends. They may have ideas and suggestions that will help them celebrate your life, say goodbye and remember you.

There is a lot of information available to help with prearranging funerals. Here are some suggestions of what you may want to include in your funeral plan:

- Whether you want a burial or cremation
- Where you want your burial or cremation to take place
- Whether you want to have a religious service or not
- If you have a preferred funeral director
- Whether you want to have specific songs played or things read out
- Whether you want flowers
- Whether you want donations given to specific charities
- If you want to wear special clothes that are important to you
- If you have someone you would like to perform eulogy and be pallbearers