

Choosing Where to Be Looked After

Often the choice of where you'll die depends on what you want, what help you have from family and friends and what services are available in the area and your medical condition. Most people prefer to die at home as long as they know they will have good quality care.

Wherever you're cared for, the most important thing is that your symptoms are well controlled and you get the care you need. This can happen in a variety of places. Even if you choose not to die at home, you can still be surrounded by people and things that are important to you.

Staying at Home:

Staying at home allows you to be in familiar surroundings with close family or friends to care for you. It may help you feel more in control and may be easier for you to say your goodbyes.

It's important that you and your carers have as much support as possible. Different healthcare professionals and voluntary organisations can help manage any symptoms and support you and your family at home by arranging medical support, equipment and transport.

It may be difficult for your loved ones to look after you at home for a variety of reasons; they may feel that you would be better looked after in a hospital or care home. Ask your carers to discuss this with your healthcare workers as they may be able to offer extra support or advice on the best place for you to be cared for.

Other Options are:

- Hospitals
- Aged Care Facility's
- Hospice

(See Community Directory for contact numbers to find out more)